





Attitude is Key / Island's Sporting Clay Tournament Day / INC FREE Inspections

IN THE ZONE







Island and the Island Team have much to be proud of as we enter the summer of 2018. The efforts of every Islander and the support of our clients have resulted in Island being awarded The Louisiana Workers' Compensation Corporation's prestigious Safest 70 Award for the policy year 2017. This is the ninth time in eleven years that Island Operating Company has earned this recognition.

LWCC's Safest 70 Award recognizes the safest 70 companies out of over 20,000 policy holder companies insured by LWCC. LWCC not only evaluates our safety performance, which must be very favorable, they also evaluate the safety culture of the nominees and the commitment to

safety of the entire organization. We excelled in these metrics by focusing on doing the right thing, all of the time. A huge congratulations to every Islander that lives up to the high standard that Island and our clients want and expect.

As part of Island's culture to do the right thing, Island Operating recently held our 4th Annual Sporting Clay Tournament supporting The University of Texas MD Anderson Cancer Center. We had set a goal in 2014 of raising \$500,000 in 5 years for MD Anderson's Melanoma Moonshot Program. With your generous contributions and the support of our clients and suppliers, early indications point to us reaching our \$500,000 goal this year, one full year ahead of our target. Thank you for your help in supporting the world's premier cancer center and supporting MD Anderson's quest to "Make Cancer History®".

I am very proud of all of you and the huge strides we have made in safety, team work, and philanthropy. Being an Islander is truly something special. Our attitude that we can and will do the right thing, all of the time, fosters success both at the job site and in the communities that we live and work. We have a shared commitment to excellence that is special in today's world.

Together we can be the safest, most collaborative company in our industry. Remember, you are empowered to use Stop Work Authority wherever safety is questionable. We must strive for excellence in everything that we do, for anything less is not reflective of who the Island Team is.

Keep up the good work for our fellow Islanders, our clients, and for MD Anderson. Our quest to achieve ZERO incidents and be philanthropically focused on eradicating cancer continues.

Gregg Falgout

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ATTITUDE IS A LITTLE THING THAT MAKES A BIG DIFFERENCE.

- Winston Churchill







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FEATURES

Attitude: A Reflection in Safe Work Performance

Your work attitude makes a statement about you and affects how well you do your job, but it also affects how safe you are when doing it.

ZONE in on the Cure for Cancer Update 11

Island Operating's 4th Annual ZONE in on The Cure for Cancer fundraising campaign continues through June 30th.

Island's Sporting Clay Tournament Day 12

Thank you to all who participated in our 4th Annual Sporting Clay Tournament to benefit MD Anderson.

LWCC Safest 70 Award

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Island Operating was recently recognized with the LWCC Safest 70 Award. This is the 9th time in 11 years that Island receives this prestigious award.

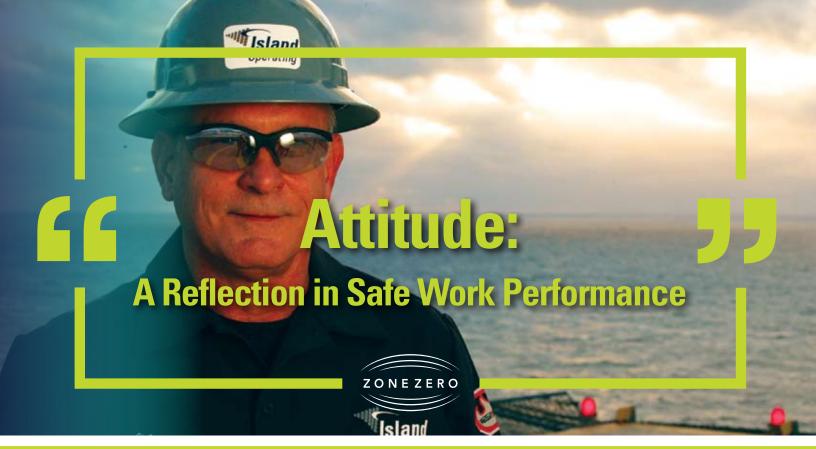
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You and your covered dependents can access a board-certified MDLIVE doctor 24 hours a day, seven days a week.

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Attitude. It is very interesting to realize that such a simple word can have a significant impact on our performance; more than that, on everyone's performance. Your work attitude makes a statement about you and affects how well you do your job, and it also affects how safe you are when doing it. Positive people usually perform better because they maintain an open mind and consider the outcome of their behavior. Negative people, on the other hand, complain about everything, including having to practice safety. The person with the negative attitude is less likely to care about the quality of the job they are doing or how they do it. A negative work attitude can lead to unsafe work habits and eventually an accident.

Attitude is the fuel that drives behavior.

Attitude determines the ways in which you think and feel. It sets the tone for your emotions and how you react to what happens.

Attitude and Accidents

Your attitude not only affects what you do, but how you do it. While it is an instinct to avoid hurt and pain, when you have a negative attitude, it's easy to ignore safety precautions, rules, or procedures that are in place to keep you safe. This is the attitude and behavior that puts you and others at risk of an accident. A person with a negative work attitude is more likely to become careless while performing their job.

Carelessness is one of the leading causes of workplace accidents.

People with negative work attitudes become unsafe when performing their jobs because they aren't paying attention to what they are doing. Their minds are distracted, often remunerating the wrongs they've experienced at work or home. Safe work habits are ignored, putting the worker and others into jeopardy, especially when working around dangerous machinery or equipment.

How Positive vs. Negative Attitude is a reflection in safe work performance.

Positive = Instead of thinking of ways to practice safety at work, a negative attitude causes a person to lose interest. The person with a positive attitude stays opens to new ideas, pays attention to details, and has a broadened mindset. A positive attitude at work helps a person develop safe work habits because they are always looking for ways to improve.

Negative = Positive attitudes tend to get more out of life and work, where a negative attitude causes people to retract and close down. Actions become limited under the weight of a negative attitude because a person's primal fear-based reactions engage.

The influence attitudes carry in safe work performance.

Attitudes – The bad ones:

- Safety is a matter of chance. I will get hurt when my number comes up.
- It is necessary to take chances to get my job done.
- If I know what I'm doing, I can take risks and get away with it.
- This organization does not really care about safety.
- My coworkers will not respect me if I am always being careful because it slows me down.

Carelessness begins with a poor work attitude.

Attitudes – The good ones:

- Accidents have causes and they can always be prevented.
- Accidents interfere with production, meaning that safe work is efficient work.
- The organization is truly interested in safety and so are the people who work here.
- My coworkers will respect me if I show good judgment and work safely.
- Working safely is a mark of skill.
- We are proud of our safety record.

Create a culture of safety:

• *Attitudes are contagious!* They will spread and flourish best in favorable environments. If we create a good environment for safety ideas, everyone is more likely to accept them.

• *Attitudes are influenced by example!* If we set an example of working safely and working for safety, everyone will be influenced by what they see.

• *New hires are impressionable!* They are strongly influenced by the behavior of the veteran workers and supervisors. Be sure they are given the correct direction right from the start.

Your Role in Safety

Consider your role when it comes to safety – Have you ever been distracted? Found yourself in a hurry to complete an assigned task? Been afraid to ask questions or raise a concern, or just felt that it would not matter anyway? Have you ever walked by someone who was behaving unsafe and chose not to say something?

If you answered yes to one or all of these questions and everyone went home safe at the end of the day, you are lucky. Safety is not about luck, though. It is about the choices we make every day. Consider how many lives you can impact in a millisecond and make the right choice. The alternative is an impact for a lifetime. Take a minute and read this "Real Life Story" below, then ask yourself... What is my role when it comes to safety?

> A number of years ago, my focus on safety became the most important aspect in my life. Unfortunately, the reality of the situation I am about to tell is imprinted in my mind as though it happened a moment ago. At the time, I was a craft supervisor with responsibility for maintenance of all non-power block HVAC units at the Nuclear Power Plant I worked at for 18 years. We

Consider how many lives you can impact in a millisecond and make the right choice. AC units at the Nuclear Power Plant I worked at for 18 years. We had some routine work on a roof top unit, a small leak in a supply line that required minor soldering. I dispatched my HVAC mechanic that morning, with minimal briefing, no pre-job walk down, and no assistance, as we were shorthanded that day. A firewatch was not required based on the site requirements at the time; otherwise, he would not have been alone. In addition, it was a Friday and I needed to leave early for weekend plans.

Due to the configuration of the rooftop unit, my HVAC mechanic was placed into a situation where he could not adequately see the leaking line and resorted to use of mirrors. Shortly after morning break, I received a call from Medical to report immediately. My HVAC mechanic had been burned; first and second degree burns to his arms that were exposed when over-reaching into the unit, between his gloves and fire retardant clothing. In a millisecond, lives were impacted. As I spoke with his spouse at the hospital, the graveness of the situation became overwhelming. Her husband was scarred for life and I could have prevented this from happening. I did not do my job in protecting this individual – ensuring that the job was planned appropriately, providing the resources needed to be successful, and most importantly, I did not engage the individual

to understand the concerns he may have had with performing the work. Can you imagine how much worse the outcome of this situation could have been? It is something I will have to consider every day for the rest of my life.

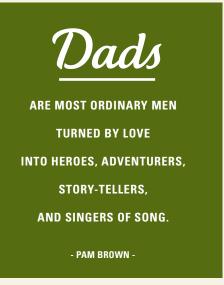




DISPATCHES LOBI Two Cancer Facilities Benefit from Industry Event.

The Louisiana Oilman's Bass Invitational held another successful tournament with colleagues for a day of fun and fellowship. LOBI raised a grand total of \$60,000 for Miles Perret and St. Jude's. Miles Perret Cancer Services (MPCS) in Lafayette, LA, is a haven for individuals and their families fighting, surviving, and living with cancer. St. Jude Children's Hospital in Memphis, TN, is leading the way in how the world understands, treats, and defeats childhood cancer and other life-threatening diseases.

NOTEWORTHY



HARD HATS OFF

Hats off to the following Island Operators for their commitment to safety and embracing a ZONE Zero mindset.

TRISTAN LACOUR

Tristan, there is NEVER a reason to take a chance when operating a crane. You were diligent in your position that you wanted the conditions to be right to make the lift and held your ground.**Thank** you for putting safe operations above all else. *GREAT JOB*!

JASON JINWRIGHT

Jason, thanks for using your knowledge to understand a problem and then making an intelligent decision to use SWA. This is exactly the way that a professional should diagnose a situation and remedy it. Nice Work! Thanks for living ZONE Zero.

KEGAN NAVARRE

Kegan, thanks for recognizing a slip hazard and immediately putting out the wet floor signage. Slips, trips, and falls are an issue and you may well have prevented one here. Great leadership!

DAKOTA MANUEL

Dakota, PERFECT use of SWA! If the sea or deck conditions are not right for the job, SWA is a must. You did the right thing. Good Call!

CODY BEAMISH

Cody, when conditions change, we must use SWA if the change impacts our operation. Thanks for being confident and doing the right thing.

AUBREY LEBLANC

Aubrey, thanks for using SWA when the conditions were not safe to swing off of the boat. You made the right call. There is only one option - do the job safely or not at all. **Great job**!

LUCAS BERZAS

Lucas, thanks for paying attention to your equipment and noticing that it was not in 100% condition. Your attention to your tools may well prevent an incident. Great focus on safety!

COLBY LONG

Colby, thanks for finding a leak in the gas compressor and then repairing it in a safe manner. Your focus on the integrity of your equipment shows. *Good job!*

"Actions like these lead to the safe working environment we have."

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Fighting Fire With Fire

Recently, Island Operators Ben Murphy and Chris Chambers were making rounds on their facility when they observed a fire in the Heater Treater skid. They could see that oil was leaking from the fire tube flange and flames were following the leaking oil into the skid.

They immediately realized that there was a hole in the fire tube allowing hydrocarbons to enter the tube, causing the fire. Ben immediately activated the fire alarm to alert all personnel of the fire. Both Ben and Chris Chambers secured 30# fire extinguishers, while Chris Touchet shut off the fuel supply to the burner. Ben and Chris Chambers then extinguished the fire in the skid in seconds. Chris Chambers noticed that the fire continued to burn within the fire tube and immediately activated the fire suppression system on the tube, which smothered the flames instantly. Chris Touchet insured that the facility was shut in and secured, then notified the operators in the field to ensure all satellite wells were also secured. The operators remained at the site to monitor the vessel to ensure that the fire was completely secured.

Due to their quick response and maintaining their composure, there were no injuries, pollution, or damage to property. The successful result of the incident is a testament to their training and knowledge of their fire-fighting equipment, facility, and thorough inspections of their equipment to make sure all equipment was operational in the event of an emergency.



Tell. Teach. Involve.

Summer is here!

We can help make your vacation planning easy breezy.

What you need to do: If you have summer vacation plans, please call the Training Department, as we will check to see what training you have coming due so that we can schedule your classes EARLY as to not interfere with your vacation. Otherwise, you will be scheduled for your classes approximately 4 to 6 weeks prior to your expiration date. If you are unsure of any of your expiration dates, you may call and speak to Callie Leverett, Skyla Matthew, Erica Morrow or Mario Bruno in the Training Department.

Please remember, your attendance at all scheduled courses is MANDATORY and a requirement for your employment at Island Operating.

What you need to know:

After the completion of your required training courses, you will receive a certification card and/or certificate depending on the training facility in which you were scheduled. It is your responsibility to ensure that you have your certification card on you at all times and/or a current copy kept in your files offshore. This information is necessary for verification of completion of all required training courses mandated by Island Operating Company, Inc.

If you should have any problems, please contact Skyla Matthew, Callie Leverett, Erica Clayton, or Mario Bruno. We are here to work with you and support you any way we can. *It is a pleasure working with each and every one of you!*



THANK YOU

Whether it was calling to confirm classes in a timely matter, helping out a fellow Islander in a training course, calling to schedule courses early to avoid interference with personal plans, or possessing a positive and outgoing attitude when calling in to the Training Department, the following employees went over and beyond expectations and we would like to pass along our thanks and appreciation.

James Berza Lawrence Brewer Douglas Broussard Darren Brown Marty Collette Bucky Cormier Khalid Dandachli Robin Dubose Kenyon Evans Michael Jenkins Dalton Lacombe Jorge Manuel Dewey Sanders Maurice Smith Ronald Stump Randall Todd Suire The employees listed on the left were entered into a random drawing for ZONE Zero points to be added to their accounts.

Congratulations to this quarter's winners:

100 Points: Dewey Sanders

50 Points: Dalton Lacombe

30 Points: *Khalid Dandachli*



CONSISTENCY IS WHAT TRANSFORMS AVERAGE INTO EXCELLENCE

The following employees scored a perfect 100 on their T2 Basic or T2 Refresher course and received ZONE Zero points.

100% T2 BASIC

Robert Spikes Larry Courtney William Sullivan Don Champagne David Johnson Joshua McKenzie Ted Breaux Aaron Trahan Tim LeJeune Robert Wallace Kevin Fontenot John Gaudet Trent Thompson Richard Erwin Michael Jenkins Jeremy Wilson

100% T2 REFRESHER

Roger Winn Arceneaux Jeremy Scott Lafleur Allen Blanchard Brennon Sonnier Jeffery Istre **Dakota Manuel** Jordan Monier Travis David Justin Fontenot **Michael Cormier Charles Ford** Allen Massey Benjamin Murphy Jeffrey McDonald **Jasmond Jones Rene Bourriaque** Jarod Noeske **Charles Stephens** James Bordelon Michael Wootan Cullen Ashmore Jacob Rubar Vincent Marquez **Byrton Primeaux**

Kendal Hood Jason Moore Joseph Babin Clay Williams Tim Hollier Robert Roosa Francis Smith, Sr. Bryan Satchez **Brad Domangue** Nicholas Figueroa Phillip Myers William Kays **Dalton Bouley Christopher Gullick** Todd Trahan Garrett Welch Ray Labauve Christopher Andrepont Marcus Melancon Chet Ortego **Dalton Russell** James Hawley Cody Parfait Joshua Dent

Access the Islander Newsletter on the Island Portal!

www.islandoperating.com

Equal Employment Opportunity Policy

Island Operating Company, Inc. is committed to providing equal employment opportunity to all employees and applicants for employment regardless of age, race, creed, national origin, sex, religion, veteran status, disability, sexual orientation, or any other characteristic prohibited by law. Our Management is dedicated to ensuing the fulfillment of this policy with respect to hiring, selection for training, promotion, transfer, rates of pay or other forms of compensation, and general treatment during employment. We expect everyone to show understanding and consideration to fellow employees and to respect and observe this policy. YOU CAN ACCESS ALL OF ISLAND'S POLICIES ON THE ISLAND PORTAL.

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WORKING IN THE ZONE

4th QUARTER ZONE ZERO WINNERS 2017

The following are the winners for the 2017 4th quarter of the ZONE Zero observation program. The winning cards were selected from observations made between October 1st and December 31st. The top 5 overall winners were chosen anonymously by operators who volunteered at various crew change locations. A total of 8,105 points were awarded to 106 winners.



500 PTS

Kirk Guidry

Stato

I drove up on location and found the work over rig crew moving the rig and there were hands working with no hard hats and safety glasses. The rest of the crew arrived and one hand got out and lit a cigarette. I immediately shut the job down and told the hand to put out his cigarette. I asked if everyone knew the policy for smoking and PPE. I informed them the pad they were on was live and flowing over 20mmcf of gas. They were standing downwind and if there was a leak the cigarette could have caused a major explosion and possibly killed everyone onsite. I talked to the tool pusher to correct the situation and informed my lead operator of what I had done.

400 PTS

Michael Parker

W&T Offshore

We had a PSV to change on the test seperator. We did our JSA and walk thru of the job noting hazards and how to mitigate them. We started the task but eventually got to a point where we could no longer work off the ladder and needed to get on top of the vessel. I found myself in a situation where it would be easy to just climb onto the vessel and go to work without fall protection. I thought of our safety meetings and training and stopped. I then went into the office, filled out a working from heights permit, wrote another JSA, along with getting a harness and lanyard. We then proceeded with the job. It would have been easier, and certainly faster, to just climb on the vessel, but doing it an unsafe manner is unacceptable.

Thinking, acting, and working safely every day.

300 PTS

Larry Dunn

Loop 26

On the 1st day of our hitch, we had to swing off from the workboat. I always want to be the first to swing so I can help others to board the platform. I didn't ask the crew about their experience in swing, but it is something we should always do in the safety meeting. I noticed the fire watch seemed nervous by his eyes and body tension. I talked to him and told him not to rush the swing no matter how long it takes. The captain did a great job holding the boat and the fire watch jumped without holding the rope in his hands. I took him aside and explained the dangers of what he had just done. I advised him to take his time and always hold the rope so that in case he mistimed his swing, he could just go back to the boat safely. The hand thanked me, and upon going back onto the boat later, he swung correctly and kept his hands on the rope

200 PTS

Lemuel Eleuterius

Fieldwood Energy

On 11-12 when construction was onboard, they needed some handrails and grating moved to the plus ten for replacement from hurricane damage. A JSA and a crane pre use were done. A safety meeting was held on how to safely move the materials without incident. We noted the winds were high but within operating limits. After moving a few bundles of material, the crane operator was beginning to have trouble holding the boom against the winds. We decided to shut the job down and laid the boom back in the rest. We then advised the crew that we would have to wait until better conditions to continue.

JU PTS

Michael Landreneau

Arena Energy

While traveling on the boat with the construction crew to complete repairs at another structure, it was noticed that several totes of flammable chemicals were placed right next to the welding machines on deck. I realized this could be a potential hazard with the heat given off the machines. The crane at the platform we were headed to is out of service, so I advised the captain to turn around and go back to the main facility to offload the totes. Once the totes were removed and the situation made safe, we then departed for our original destination to start the repairs of the skirting and handrails.

AREA ZONE CARD WINNERS (OCTOBER - DECEMBER 2017) BY SUPERVISOR:

Raymond Salinas Fieldwood Energy Area 1:

- mea I.
- 1. Steve Bell 2. Robert Whitewood
- 3. Sergio Sanchez
- 4. Steve Bell

Chris Fontenot Fieldwood Energy Area 1:

- 1. Jerry Emanuel
- 2. Clifton Bergeaux
- 3. Anthony Roberson
- 4. William Harwell 5. Gerald Aguillard

Area 2:

- 1. John Hartman
- 2. Kortney Guillory
- 3. Robert Wallace
- 4. Kelly Guidry
- 5. Drake Trim

Jody Soileau Fieldwood Energy Area 3:

- 1. Dylan Benoit
- 2. Phillip Myers
- 3. Charles Brignac
- 4. Terry Guillory
- 5. Drew Suarez

Rob Hernandez Fieldwood Energy Area 4:

- 1.Charles Stephens
- 2. Clay Williams
- 3. Marcus Vidrine
- Gregory Dupree
 Patrick Hebert

Area 5:

1. Damon Savoie

Bert Faul

Fieldwood Energy Area 6

- 1. Benjamin Cole
- 2. Robert Biessenberger

Area 7

- 1. Brad Domingue
- 2. Derek Whitman
- Chase Pugh
 Jesse Coffman
- 5. Derek Whitman

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Earl Stanley Stone Energy

- 1. Garrett Lejeune
- 2. Jed Theall
- 3. Lance Laseter
- 4. Kyle Hebert

Talos

1. Kip Guillory
 2. Barry Brooks
 3. Callen Simon

Deany Smith Walter Oil & Gas

- 1. Trevor Dugas
- 2. Khalid Dandachli
- 3. Charles Mcintyre
- 4. Luke Bordelon
- 5. Bryan Benoit

Ricky Lirette Arena Energy

- 1. Wayne Felarise, Jr.
- 2. Darrell Debate
- 3. Rex Thibodeaux
- Allen Hebert
 Danny Byrd

John Saldana

- 1. Lemuel Eleuterius Fieldwood
- 2. Joshua Wilson Fieldwood 3. Mark Davidson - Fieldwood
- 4. Michael Keen Fieldwood
- 5. Samuel Cobb DCP Operating

Gregory Ardoin

- 1. Michael Parker Loop 39 2. Kenneth Deshotel -
- 2. Kenneth D Northstar
- 3. Benjamin Murphy -
 - Northstar
 - 4. Casey Cheramie Northstar
 - 5. Leland Tagert Fieldwood

Cody Richard

- 1. Kirk Lopez Contango
- 2. Jake Francis Arena
- 3. Brandon Bertrand Arena
- Victor Richard Arena
 Brandon Bertrand Arena

Dwayne Hebert

1. Jeff Verzwyvelt - Sabine Base

4. Chris Sanders - Walter O&G

Island

Operating

Statement

Island Operating is

safe, compliant and

efficient operations

to our customers' oil

and gas assets and our

employees' well-being.

We will accomplish this

by adhering to our core

values of honesty, trust,

integrity and respect

HONESTY

INTEGRIT

RESPECT

Islander Magazine

9

for our clients and

one another.

TRUST

committed to providing

Mission

2. Keith Flurry - Fieldwood

3. Todd Henry - Rooster

5. Keith Flurry - Freeport

McMoran

Chad Shuff

1. Sam Fluitt

2. Grant Williams

3. Grant Williams

4. Clinton Meaux

Clay Burgeson

Joe Rodriguez

1. John Dale Guidry

3. Kenneth Miller

5. Billy Chinowith

Walter Oil & Gas

1. Michael Dupree

2. Wayne Fabre, Sr.

3. Brandon Lebeouf

5. Brandon Lebeouf

4. Craig Martin

5. Gene Tuccio

Loop 26

Statoil

1. Larry Dunn

2. Aris Bazan

4. John Long

Craig Bell

Walter Oil & Gas

Mike Kibodeaux

- 1. Chris Lemaire Enven
- 2. Kevin Lanerie Arena
- 3. Jason Lupe Northstar
- 4. Josh Melancon Loop 48 5. Will Burton - GoMex

Michael Holley Energy XXI

- 1. Aaron Trahan
- 2. Ricky Waltrip 3. Josh Desport
- 4. Darrell Trahan
- 5. Joel Portie

Richie Savoie

- Arena Energy
- 1. Jeffrey McDonald 2. Brett Snider
- 3. Aaron Stanley
- 4. Joshua Mckenzie
- 5. Brendan Finley

Kim Istre

1. Kirk Guidry - Statoil 2. John Miller - Matador

Kenny Broussard Arena Energy

- 1. Michael Landreneau
- 2. Jonathon Harrington
- 3. Carroll Johnson
- 4. Ray Labauve 5. Brian Gaspard
- 5. Brian Gasparu

INC FREE INSPECTIONS

ANKOR

Mobile 870-A, #2 Vincent Marquez, Jarren Lizana, Braden Smith, Dane Legnon, Keegan Sonnier, Hunter Cameron

ARENA ENERGY Eugene Island 251-C

Jimmie Duncan, Joseph White

Eugene Island 314-A Jeremy Callahan, Earl Fontenot, Victor Richard, Jacob Rubar, Dennis Sonnier, Bradley Thibodeaux, Anson Zapata

Eugene Island 338-K (Riker) Aaron Leblanc, Jesse Mcgraw, William Smith, David Soileau

South Timbalier 128-R, 128-X, 134-W, 151-AA, 151-G, 177-E, 189-CB Joseph Babin, Larry Courtney, Darrell Debate, Howard Gardner, Allen Hebert, Carroll Johnson, Wilford 'Half Pint' Knight, Christopher Kuffner, Cody Matherne, Justin Powell, Raymond Roper

South Timbalier 35-#7, 36-#2, 36-B, 37-C, 51-#3, 51-#23, 51-CD, 51-CE, 51-CJ, 52-#3, 52-CB

Kyle Broussard, Gene Callahan, Jeffrey Croom, Francis Dartez, Silas Duplechain, Wayne Felarise, Jr., Clinton Fontenot, Charles' Buster' Ford, Don Hogge, Gary Lebleu, Daniel Lebouef, Hunter Milner, Johnnie Ortego, Kollan Richard, Jonathon Thibodeaux

BYRON ENERGY

South Marsh Island 71-F David Bellard, Micheal Ledoux, Jarrod Norris, Robert Spikes

CONTANGO OPERATORS, INC.

Eugene Island 11-H, 10-D, 63-VP Aux Barry Bertrand, Timothy Billings, James Bordelon, Glenn 'Ricky' Gaspard, Nicholas Jumonville, Alex Lafleur, Benjamin Leblanc, Harold Lege, Kirk Lopez, Kodie Miller, Corey Mire, Joshua Parsley, Case Trahan

DAUPHIN

Main Pass 256-A Josh Desport, Ray Pittman, Joel Portie, Darrell Trahan, Jr., Caleb Walters

ENVEN ENERGY

South Marsh Island 50-G Shawn Hoffpauir, Jason Lupe, Kevin Lanerie, Christopher Lemaire, Marcus Melancon, Cody Menard, Byrton Victor' Primeaux, Rusty Quirk, Maurice N. Smith

Mustang Island 726, A-85-A James Hawley II, Christopher Hebert

South Marsh Island 50 Barry Brooks, Anthony Dartez, Shawn Hoffpauir,

Kevin Lanerie, Christopher Lemaire, Shawn Mathews, Marcus Melancon, Cody Menard

West Cameron 661

Roger Arceneaux, Jason Cutts, Donald Flurry, Todd Henry, Christopher Sanders, Derick Saulsberry, Stephen Sonnier, Matthew Toups, Jeffery Verzwyvelt

FIELDWOOD ENERGY

Breton Sound 41-B, Main Pass 29-1, 118, 154-A, VK 251-A/Aux, MP 289-B,125-B, 112-A, 112#2 Hunter Cameron Uriah Langston Dane Legno

Hunter Cameron, Uriah Langston, Dane Legnon, Jarren Lizana, Vincent 'Tracy' Marquez, Braden Smith, Keegan Sonnier Galveston 255, West Cameron 163-A, 165-#13

Roger Arceneaux, Jonathan Deshotel, Donald Flurry, Chad Gerald, Todd Henry, Christopher Sanders, Derick Saulsberry, Stephen Sonnier, Matthew Toups, Jeffery Verzwyvelt

High Island 179 Gerald Aguillard, Clifton Bergeaux, Mathew Colon, Daniel Comeaux, Mike Hebert, Laurent Martin, Michael Mitchell

High Island A 376-A Richard Adams, James Call, Mark Ducote, Jacob Nevils

Main Pass 311-A Michael Keen, Harry Walker

Main Pass 311-B Ronnie Duet

South Marsh Island 128-C Frank Averett, John 'Gregory' David

South Marsh Island 10-A, 10-#4, 11-#34, 11-#58, 18-A1 Blake Campisi, Harold Manuel, Michael Welch

South Timbalier 195-B Jeramy Broussard, Zachary Buteaux, Michael Dupont, Travis Gleason, Kendal Hood, Michael Parker

South Timbalier 205-B, 205-F, 205-G Zachary Buteaux, Michael Dupont, Travis Gleason, Kendal Hood, Michael Parker

South Timbalier 206 Douglas Leblanc, Gary Obrien, Leland Tagert, Jeremy Williamson

West Cameron 33-N, 0, #1, CF Ted Breaux, Benjamin Pressburg, Jake Veillon

West Delta 105-E Drake Baudoin, Mike Myers, Randall Dowden, Sam Ridney, Ryan Dartez

West Delta 104 Drake Baudoin, Mike Myers, Randall Dowden, Sam Ridney, David Wolf

West Delta 79-A, B, C, E Jasmond Jones, Jacob Jones

FREEPORT MCMORAN OIL & GAS South Timbalier 144-1, 148-B, 148-D,

148-E, 168-B Jeramy Broussard, Zachary Buteaux, Michael Dupont, Travis Gleason, Kendal Hood, Michael Parker

MEDCO ENERGI

East Cameron 318-B Roger Arceneaux, Jason Cutts, Donald Flurry, Todd Henry, Christopher Sanders, Derick Saulsberry, Stephen Sonnier, Matthew Toups, Jeffery Verzwyvelt

NORTHSTAR OFFSHORE ENERGY PARTNERS, LLC

Ship Shoal 63-#14, 63-#16, 72-#21E, 72-#33, 72-I, 72-J, 72-L, 72-M, 72-N, OF, LQ, 31, 32, 33, 87-B, 87-M Casey Cheramie, Hunter David, Kenneth Deshotels, Sean Dupont, Hugh Edwards, Ruston Elliott, Laurence Mclaurin, Benjamin Murphy, Blake Rodi, Christopher Touchet, Cody Parfait, Tanner Matt, William Rivas

PEREGRINE Galveston A 133-A, A-155, West Cameron 565

Roger Arceneaux, Jonathan Deshotel, Donald Flurry, Chad Gerald, Todd Henry, Christopher Sanders, Derick Saulsberry, Stephen Sonnier, Matthew Toups, Jeffery Verzwyvelt

STONE ENERGY

South Timbalier 164-C, 165-A, 165-E Jeramy Broussard, Zachary Buteaux, Michael Dupont, Travis Gleason, Kendal Hood, Michael Parker

TANA EXPLORATION

Breton Sound 25 Uriah Langston, Dane Legnon, Jarren Lizana, Vincent 'Tracy' Marquez, Braden Smith, Keegan Sonnier

Main Pass 175, 186 Josh Desport, Ray Pittman, Joel Portie, Darrell Trahan, Jr., Caleb Walters

Matagorda Island 633-D, 654-J Larry Dunn, Nicholas Figueroa, Nathan Finley, Matthew Jones, Joshua Pennington, Cory Perkins, David Salinas, Robert Weeks

TALOS ENERGY

Vermilion 131-C CF Michael Leblanc

WALTER OIL & GAS Ewing Banks 834

Charlie Beard, Jerry Childers, Franklin Coon, Andre Couvillon, Joshua Dent, Samuel Fluitt, Devin Fontenot, Nicholas Hetherington, William Knight, Robert May, Clinton Meaux, Dylan Navarre, Nicholas Painter, John Simar, Ryan Stanley, Joseph Stump, Patrick 'Gene' Tuccio, Derek Vines, Grant Williams

Ship Shoal 189-B

Robert Bankston, Bryan Benoit, David Bordelon, Jonathan Carroll, Khalid Dandachli, Trevor Dugas, Charles Mcintyre, Chadwick Reed

South Timbalier 311-A

Kelvin Caraway, Rodney Duprie, Johnny Fortenberry, Brandon Hargrave, Phillip Hutton, Jr., William Kays, Ryan Stanley, Gary Stewart, Nelson Theriot, Jr., Patrick 'Gene' Tuccio, Varry Walls, Rodney Wheeler

W&T OFFSHORE

Ship Shoal 27-#2, 28-#33 Benjamin Deshotels, Jeffery Harper, Charles White





Exceptional INC Free Inspections

Congratulations on another great set of inspections on the following facilities.

Walter Oil & Gas Ewing Bank 834-A

130 Components/0 INCs

Charlie R. Beard Jerry A. Childers Franklin D. Coon Andre M. Couvillon Joshua J. Dent Samuel K. Fluitt Devin J. Fontenot Nicholas F. Hetherington William N. Knight Robert S. May **Clinton R. Meaux** Dylan T. Navarre Nicholas S. Painter John D. Simar Ryan P. Stanley Joseph M. Stump Gene Tuccio Derek M. Vines Grant A. Williams Supervisor - Chad Stuff

Enven Mustang Island 726 A/A-Aux

113 Components/0 INCs

James H. Hawley II Christopher L. Hebert Supervisor – Clay Burgeson

Safety awareness and safe behavior don't come about by instinct; they must be deliberately learned and practiced – and it is everyone's responsibility to do so.



\$500,000

450,000

\$400,000

\$350,000

\$300,000

\$250,000

\$200,000

\$150,<mark>000</mark>

\$100,000

\$50,000

YEAR 4

YEAR 3

YEAR 2

YEAR 1



Thank you to everyone who helped make our 4th Annual ZONE in on The Cure for Cancer fundraiser benefiting MD Anderson Cancer Center a great success. Our 2018 fundraiser has raised over \$115,000! With a total of over \$465,000 raised as of May, we hope to reach \$500,000 by the end of the campaign on June 30th. These funds could not be going to a more deserving institution or a more deserving cause. We could not have done this without your generous support.

MD Anderson truly depends on third-party fundraisers like Island's ZONE in on The Cure for Cancer. So thank you for allowing us to help MD Anderson in Making Cancer History[®]. We look forward to holding this fundraiser again next year and we hope we can count on you again.

Sincerely, The Island Team

THE UNIVERSITY OF TEXAS MDAnderson Cancer Center Making Cancer History

WHY WE LAUNCHED THIS CAMPAIGN

MD Anderson continues to set the standard in cancer prevention research and the translation of new knowledge into innovative, multidisciplinary care.

The institution's Cancer Prevention and Population Sciences division is dedicated to:

- Ending cancer through pioneering research into the roles that biologic, genetic, environmental, economic, behavioral and social factors play in cancer development.
- Investigating various types of interventions to prevent or reduce cancer risk.
- Improving cancer care delivery, safety, availability and affordability.

Through the Duncan Family Institute for Cancer Prevention and Risk Assessment, the division is investing in promising new research directions and integrating basic research and clinical studies to accelerate their translation from the lab to the clinic to the community.

The Lyda Hill Cancer Prevention Center provides cancer risk assessments; screening exams based on genetics, age and gender; and personalized risk-reduction strategies, including lifestyle-based interventions and chemo prevention.



TEAM RESULTS

HOA: TEAM MANAGEMENT

Z

E

IN ON

- Robert Conner
- Troy Mouret
- Robert Hamilton
- Keith Talley

2nd PLACE:

SHERIFF MIKE COUVILLON

- Mike Couvillon
- Bart Bellaire
- Dennis Mey
- Scott Boudreaux

3rd PLACE: GULF CRANE SERVICES

Bray Bollinger

- Kane
- Lynn Usie
- Frank Watson

A CLASS – 1st PLACE: YOUTH SHOOTERS

- Garrett Lejeune
- Thad Palmer
- Kader Wilson
- Kal Wilson

A CLASS – 2nd PLACE: BP CONSULTING

- Casey McLaurin
- Scott Boudreaux
- Brandon VerrettNoel Whittington
- Noel Whittington

B CLASS – 1st PLACE: UPCS

- Jeb Bellard
- Mike Duhon
- Steve Lee
- Chad Mercke



PORTING CLAY TOURNAMENT

B CLASS – 2ND PLACE: NOEL WHITTINGTON

- Noel Whittington
- Paul Vondenstein
- Brandon Verrett
- Girard Danos

C CLASS - 1ST PLACE: STONE ENERGY

- Keith Seilhan
- Wyatt Seilhan
- Joey Bienvenue
- Tim Seilhan

C CLASS – 2ND PLACE: PTS

- Brandon Prudhomme
- Steven Parker
- Ducky Pugh
- Jarrod Roy



Joe White was the winner of the shooting cart.



MDAnderson

Cancer Center

HOA Scott Boudreaux

2ND PLACE Byron Talley

YOUTH – HOA Garrett Lejeune

YOUTH – 2ND PLACE Kader Wilson

LADIES – HOA Rhonda Guillory

LADIES – 2ND PLACE Mary Johnson

SHOOTING GAME RESULTS

HELICE 1st Place: Eddie Francez

2nd Place: Scott Boudreaux

SNOOKER

1st Place: Garrett Lejeune **2nd Place:** Keith Talley



SLANDOPERATING

WORKING IN THE ZONE

1st QUARTER ZONE ZERO WINNERS 2018

The following are the winners for the 2018 1st quarter of the ZONE Zero observation program. The winning cards were selected from observations made between January 1st and March 31st. The top 5 overall winners were chosen anonymously by operators who volunteered at various crew change locations. A total of 7,900 points were awarded to 109 winners.

500 PTS

Danny Byrd

Arena Energy

While making rounds, I noticed a 90 degree elbow that was put in on top of a needle valve and a tubing cap that was placed onto the 90. That would be fine, except the tubing cap was actually a TSE. The needle valve was closed and had 500lbs under it. Tubing caps and TSE's can be very misleading because they look very similar. Remember the TSE will have a lead core, while the tubing cap will have a solid stainless steel center built to handle the pressure. Pressure was bled off and the TSE was replaced with a real tubing cap.



400 PTS

John Hartman

Fieldwood Energy

Fogged in for crew change, so no flying, and we had to take a boat out for crew change. Upon arrival, the other crew took us off the boat with the crane and personnel basket. After taking our bags out and removing our life jackets, I looked up at the crane ball and noticed the safety locking pin was not in the hook, but was just dangling from the wire that holds it in. I asked the guys why they didn't put it in as required before lifting us. They replied that they did put it in. I had them lower the ball to the deck, and after inspecting it, I found the bail that keeps it secure was corroded and frozen, allowing the pin to just slide back out. I replaced the locking pin and made sure it would work as designed and keep the pin from backing out.

Thinking, acting, and working safely every day.

300 PTS

Robert Whitewood

Fieldwood Energy

While operating the crane, preparing to backload equipment and the crew, the hands loaded a basket with scaffolding. Upon having the basket loaded, the construction leader signaled me to load the large basket onto the boat. I signaled him to meet me on the top deck and set the basket down there. I discussed the pre job plan we had talked about, and how it would be safer to backload personnel onto the boat before cluttering the deck with the basket. It's easier and safer to land the personnel basket with more room, and the scaffolding basket could go down last. Job was completed without incident.



Marlon McFarlain

Matador Production

On March 2, the traffic on Hwy 285 was bumper to bumper and visibility was near zero due to heavy fog. I called all my pumpers and advised them to stay off the highway until the fog cleared. Highway 285 is very busy and dangerous, with fatalities weekly. Several hours passed and visibility improved. We were able to resume work safely and make the field.

100 PTS

Jake Francis

Statoil

An oil truck came onto location to top off the compressor day tanks. While going over the pre job, the driver asked if there was a ladder on location he could use. Since no other driver had ever asked for a ladder, I dug deeper and asked why he needed one. He explained that one of the connections was beyond his reach and needed a ladder to get to it. We went out and looked at the connection. After trying to find a plan, I suggested we find a longer nipple to eliminate the added hazard of having to climb a ladder each time to get to the connection. He dug in his truck and found a longer nipple. We installed it and now the connection can be easily and safely reached without having to climb up and create another hazard.

AREA ZONE CARD WINNERS (JANUARY - MARCH 2018) BY SUPERVISOR:

Raymond Salinas

Fieldwood Energy Area 1.

- 1. Robert Whitewood
- 2. Sergio Sanchez
- 3. John Allen
- 4. James Bell
- 5. Robert Whitewood

Chris Fontenot Fieldwood Energy Area 1:

- 1. Anthony Roberson
- 2. Clem Patena
- 3. David Boudreaux
- 4. William Harwell

Area 2:

- 1. John Hartman
- 2. Richard Langley
- 3. Wilbert Orphe
- 4. Mitchell Fontenot
- 5. Kortney Guillory

Jody Soileau Fieldwood Energy Area 3:

- 1. James Berza
- 2. Ronnie Smith
- 3. James Woodard
- 4. Charles Brignac
- 5. Brett Fontenot

Rob Hernandez Fieldwood Energy Area 4:

- 1. Grundy Laurence
- 2. Charles Stephens
- 3. Clay Williams
- 4. Blaine Beene
- 5. Gregory David

Area 5:

- 1. Joe Roberts

- 5. Damon Savoie

Bert Faul Fieldwood Energy Area 6

- 2. Benjamin Cole

- 4. Allen Massey

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Earl Stanley Talos Energy

1. Beniamin Laseter

Deany Smith Walter Oil & Gas

- 1. Brvan Benoit 2. Luke Bordelon
- 3. Khalid Dandachli
- 4 Chase Sonnier
- 5. Kurt Fuselier

Ricky Lirette

- Arena Energy
- 1. Danny Byrd
- 2. Danny Byrd
- 3. Don Hogge 4. Clinton Fontenot
- 5. Dakota Manuel

John Saldana

- 1. James Richard Fieldwood 2. Adam Lewis - Fieldwood 3. Stosch Powell - Fieldwood 4. Sam Cobb - DCP Operating 5. Lemuel Eleuterius -Fieldwood
- **Gregory Ardoin** 1. Leland Tagert - Fieldwood
- 2. Casey Cheramie Northstar 3. Benjamin Deshotels - W&T 4. Tanner Matt - Northstar 5. Benjamin Murphy -Northstar

Richard Brierre

- Byron Energy 1. Michael Ledoux
- 2. Jarrod Norris
- 3. Michael Ledoux
- 4. Michael Ledoux
- 5. Jarrod Norris

- 2. Gerard Matte
- 3. Jeff Istre
- 4. Bonner Wooldridge

- 1. Jason Jinright
- 3. Robert Biessenberger

Area 7

- 1. Kristopher Pugh
- 2. Brad Domangue 3. Timothy Racca
- 5. Jacob Webre

Cody Richard

1. Bryon Tauzin - Arena 2. Ray Labauve - Arena 3. Jesse McGraw - Arena **Dwayne Hebert**

1. Keith Flurry - Sabine Base

2. Keith Flurry - Fieldwood

3. Keith Flurry - Fieldwood

4. Derick Saulsberry- Helis

Chad Shuff

1. Joshua Dent

2. Gene Tuccio

4. Jerry Childers

5. Andre Couvillon

Clay Burgeson

Loop 26

Statoil

1. Larry Dunn

2. Matt Jones

3. Larry Dunn

1. Jake Francis

3. John Long

6. Aris Bazan

Craig Bell

1. Dusty Young

2. Dusty Young

Walter Oil & Gas

4. Chase Fruge

5. Kenneth Miller

2. Sean Needham

Joe Rodriguez

Walter Oil & Gas

3. Nicholas Hetherington

5. Todd Henry - Sabine Base

What Does

Culture

What does it mean

when we talk about

company culture or

The definition of

safety-driven culture?

company culture is the

pany and defines what

employee perspective,

personality of a com-

a company, from an

is like to work for.

Company culture

includes the company

mission, values, ethics,

and work environment.

culture with employee

Island has a team-based

participation on all levels.

Why is company culture

Given enough time and

money, our competitors

can duplicate almost

everything we've got

Think of it this way:

All music is made from

the same 12 notes. All

culture is made from the

same five components

behaviors, relationships,

environment. It's the way

attitudes, values, and

those notes or compo-

nents are put together

Why is attitude so important?

to evolve, attitudes

winning cultures,

that makes things sing.

As our culture continues

become more of a pivotal point. In sustainable,

behaviors (the way we

Island way) are linked to

relationships, informed by

attitudes, built on a rock-

solid base of values, and

completely appropriate for

15

the safety environment in which we must, and choose, to operate.

Islander Magazine

do things here - the

working for us. The only

thing they can't duplicate

so important?

is our culture.

expectations, goals,

Really Mean?

4. Victor Richard - Arena 5. Kodie Miller - Contango

Mike Kibodeaux

- 1. Chris Lemaire Enven
- 2. Jason Lupe Helis 3. Jason Lupe - Northstar
- 4. Kevin Lanerie Arena
- 5. Joshua Fontenot Cochon

Michael Holley

- 1. Robert Walker Arena 2. John Amell - Walter 3. Aaron Trahan - Walter 4. Ted Fontenot - Arena
- 5. Wyatt Boone Medco

Richie Savoie Arena Energy

1. Darren Bird 2. Chad Gradney 3. Jeffrev Mcdonald 4. Joshua Mckenzie 5. Lucas Berzas

Kim Istre

1. Ray Labauve

2. Devon Snider

3. Brian Gaspard

4. David Hollis

5. Martin Hulin

Matador Production 1. Marlon Mcfarlain

Kenny Broussard Arena Energy

AROUND THE OFFICE



NEW ARRIVALS

Congratulations to the following employees on welcoming their new bundle of joy.

Drake and Denee Baudoin welcomed Brayleigh Elizabeth on 1/9/18 Jonathan and Ashli Deshotel welcomed Jocque Paxton on 1/20/18 **Robert Tray Hernandez and Jacqueline Fett** welcomed Laya Page on 2/19/18 Nicholas and Amy Wootan welcomed Hazel Grace on 2/28/18 Jeremy and Cynthia Rubalcado welcomed Liam Noah on 3/1/18

CONDOLENCES

We extend our condolences to the following employees, customers, and their families for their loss.

.....

Alex Mounier on the loss of his infant daughter



Island employee Allen Sanchez

HIRED ON

We congratulate the following employees who were hired on by customers.

.....

Dusty Lantz (Matador) Adam Saltzman (Matador) Marlon McFarlain (Matador) Johnny Miller (Matador) Nicholas Verdin (EP Energy)

Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored.

- Earl Nightingale



JUST MARRIED

Best wishes to the following employees on their recent marriages.

Sean and Caroline Needham 1/8/18 Joel and Hannah Portie 2/16/18 Kenneth and Rhonda Perry 3/22/18 Lance and April LeBlanc 6/2/18



GET WELL SOON

We wish the following employees a healthy recovery.

Thomas Hutson Danny Keen **Richard Bowlin Russell Douget Donald Brannon** Hunter David Duane Brunet Joel Portie

Christopher Aucoin Harold Wayne Manuel **Donald Joubert** Joseph Comeaux Johnny Fortenberry Joshua Touchet **Charles Buster Ford**

20 YRS 10 5 YRS We Can't Thank You Enough! 10 YEARS

15 YEARS

Mike Credeur Willie Zepherin

Christopher Andrepont

Brian Breaux

Gary Obrien Cody Tilley Travis Vincent Scottie Thibodeaux

Gene Leblanc Marcus Scanlan

June Olivia Daigle Daniel Prince

SERVICE ANNIVERSARIES

We thank the following employees for their many years of dedication.

5 YEARS

Allen Sanchez Phillip Smith Justin Wallace Phillip Broussard Matthew Jones Martin Thompson

Michael Wooten **Donald Lemaire** Jasmond Jones **Ricky Albert** Drake Baudoin James Tucker

Kevin Jones Benjamin Laseter Damian Lejeune Anthony Cart

PAYROLL UPDATES

What You Can Expect This Hurricane Season

Time to get prepared!



Scientists predict record-breaking 2018 hurricane season.

Meteorologists predict 14 named tropical storms. Seven of those are expected to become hurricanes and three are expected to be major hurricanes (*Category 3 or stronger on the Saffir-Simpson Hurricane Wind Scale*). Of these storms, Colorado State University predicts a 63% probability of at least one major hurricane making landfall on the continental United States. This number is above the average of 52%. We should not let our guard down. We need to stay focused and be prepared, both at home and on the job. Are you prepared?

- · Contact information up to date cell phone, home phone
- Emergency supplies rope, water, food, medical supplies, cleaning supplies, batteries, fuel, money, etc.
- Evacuation plan where to go and what to bring
- Pets boarding, food

This is the time to make sure that your family and coworkers are prepared for the upcoming hurricane season. Go over your evacuation plans with coworkers and family members. Make sure that all contact information is up to date. Make sure all supplies are on hand ahead of time. And don't forget to fill out, and turn in, your required time ticket in a timely manner if you have to evacuate your platform.

The knowledgeable employees of the Payroll Department are ready to help you by answering any questions you may have. Please don't hesitate to contact April, Chrissy, Jennifer, Lauren, or Olivia.



PAYROLL CALENDAR



4TH OF JULY

The office will be closed on Wednesday, July 4, 2018. We are asking for your support in turning in all time tickets one day early. Please do your best to have your time ticket in the Lafayette office by Thursday, June 28, 2018, by 10:00 a.m. All checks and direct deposits will go out as normal for the July 6, 2018, payroll.



VACATIONS Please remember to call the Payroll Department to confirm your vacation eligibility. Prior to taking time off, you will need to have approval from your Island Supervisor as well as your supervisor offshore.



HURRICANE/STORM EVACUATIONS

Hurricane season began June 1st and ends November 30th. Should you need to evacuate your platform due to a storm or hurricane, please indicate on your time ticket the day and time you evacuated and the day and time you returned offshore.



Home laundry is a safe, cost-effective alternative to industrial laundering and can help extend the service life and protective qualities of FR clothing. Laundering instructions are primarily designed to help get the clothing clean, minimize shrinkage, extend useful life, and provide guidance on what you should avoid, like introducing substances that may compromise flame resistant properties such as bleach or fabric softener. First and foremost, you should always follow the instructions on the garment label.

Wash in warm water – for heavily soiled garments, wash in the hottest temperature allowed on the care label (120° or less) to remove dirt.

Use small wash loads – this helps reduce wear and improve cleaning. **Wash FR clothing inside out, separate from everyday clothing** – this helps reduce wear and streaking.

Tumble dry on low or permanent press, or the "less dry" setting – drying a garment on high heat can cause excessive shrinkage. Most shrinkage is caused by overdrying, which occurs when a dry garment continues to be heated. Remove from dryer damp or line dry to minimize shrinkage – two-thirds of a garment's shrinkage often takes place within the first five washings. Dry-cleaning is recommended for difficult stains – or try spot-treating stains with detergent prior to washing.

Perhaps equally as important as knowing what you *should* do, is knowing what you should *not do* when home laundering FR clothing.

DO NOT USE Detergents with Bleach DO NOT USE Detergents that contain animal fats DO NOT USE Chlorine Bleach DO NOT USE Hydrogen Peroxide Products such as OxyClean DO NOT USE Fabric Softener, Dryer Sheets, or Starch DO NOT USE Insect Repellents (especially those containing DEET)

Source: https://www.frsafety.com/Resource/Clean-FRC and tyndaleusa.com

Employees are eligible for 2 sets of FRC uniforms every 6 months. We will not contact you to place your order! If you are eligible, please call Brittany Cole in the Incentives Department at 337-233-9594 or 1-800-366-9594.



For more information contact the Incentives Dept. at 337.233.9594 or 1.800.366.9594.

>Remember to check your portal often for points accrued!<







Do You Have Dental Insurance with Sun Life Financial?

Register for Online Advantage for Members

Register for Online Advantage for Members on their website at <u>www.sunlife.com/onlineadvan-</u> <u>tage</u>. Online Advantage for Members provides you the ability to:

- Download your ID Card
- View Benefit and claims information
- Find a dentist

Go Mobile!

Scan the code below (or go to www.sunlife. com/mobileapps) to download our mobile app, Benefit Tools, to enjoy some of the same benefits as Online Advantage for Members.



You may also contact the Insurance Department if you have any questions.



Islanders, I am proud to let you know that because of your efforts, Island Operating has won THE 2017 LWCC SAFEST 70 AWARD! This is the 9th time in 11 years that Island has been recognized with this prestigious award. The Louisiana Workers' Compensation Corporation (LWCC) recognizes the best of the best out of their over 20,000 policyholders. This phenomenal achievement is a direct reflection of each and every Islanders' commitment to the tenets of ZONE Zero and the cultural dictates of Islanders Believe.

Island amassed this record because of each team member's complete focus on his or her safety and the safety of those working alongside you. Paramount to this achievement is every Islander knowing that Island will support you when you use Stop Work Authority to maintain safety. I thank each and every one of you for your commitment to safety above all else.

I am proud of the culture that we are building and the way that you are committed to putting safety 1st! Keep up the great work. You are an integral part of the best team in the contract operations business!

Gregg Falgout

Island Operating's exceptional safety record has been recognized for the ninth year with the Louisiana Workers' Compensation Corporation's "Safest 70" Award.



One of the reasons Island Operating implements ZONE Zero:

It's our job to ensure that the workforce Island Operating provides is knowledgeable, thoroughly trained, and empowered to ensure productivity without losing sight of safety.

FOR YOUR BENEFIT

Virtual Visits Convenient health care at your fingertips

You and your covered dependents can access a board-certified MDLIVE doctor 24 hours a day, seven days a week.* Speak to a doctor quickly or schedule an appointment based on your availability. The average wait time is less than 20 minutes. Consultations with a licensed behavioral health professional are available by appointment, via secure video.

Activate your account by visiting **MDLIVE.com/bcbstx** or by calling **888-680-8646**.



* In the event of an emergency, this service should not take the place of an emergency room.

731871.1117

Activate your virtual visit account before you need it!

Activate – Create your account online or call the MDLIVE Customer Service number.

Select – Choose a doctor or therapist.

Consult – Interact with an independently contracted, board-certified doctor or therapist.

Firstname M. Longlast and eligible dependents	name	
MDLIVE board-certified doc non-emergency conditions.	•••••••	/
Cold and fluRespiratory problems	 Prescriptions (if needed) And more	6
Behavioral health consultation	ns are available by appointment.	
MDLIVE.com/bcbstx	888-680-8646	

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MONEY MATTERS



3 Key Decisions to Make Before You Retire

See when and how to take Social Security, pay for healthcare, and generate income.



Key takeaways

The longer you can delay collecting Social Security, the higher your benefit.

Plan for health care costs and figure out how you will pay for them.

Match essential expenses like food, housing, and health care with guaranteed income.

As retirement nears, you will have 3 big decisions to make: when to take Social Security, how you will pay for health care, and how you will generate cash flow. The 3 are interconnected and will make a difference in your budget and lifestyle in retirement, and even on deciding when to retire.

How and when will you claim Social Security?

You can claim Social Security as early as age 62, but that may not be in your best interest financially. Why? Because Social Security payments increase if you delay claiming your benefits; your monthly benefit can go up until age 70. The difference between your check at 62 and 70 could be as much as 65%. For example, a monthly benefit of \$1,500 if claimed at 62 could increase to more than \$2,476 each month at age 70.

How will you pay for health care?

You probably can't escape health care costs, but you can plan for them. That starts with the government's retiree health care insurance program – Medicare. No matter when you claim Social Security, Medicare won't kick in until 65. So if you retire early, you will need to buy health insurance privately.

While you are still working, you should also consider a health savings account (HSA), in conjunction with a high-deductible health plan, to save for health care costs in retirement. You may want to buy supplemental health insurance or long-term care insurance to pay for expenses not covered by Medicare. Finally, it pays to be a choosy consumer of health care services, ask a lot of questions about the cost and necessity of services, and compare prices from different providers.



Waiting until age 70 to claim can significantly increase your Social Security benefit.



How will you generate cash flow once you stop working?

In retirement, Social Security will likely just be one of several sources of income. Others may include your savings, pension, annuities, rental income, or working part time. So how do you come up with a plan to make sure your money lasts? There are many approaches, but it starts with a budget that identifies your needs – essential expenses like food, housing, and health care – and your wants – discretionary expenses like travel, eating out, and entertainment.

The distinctions between needs and wants will be different for everyone, but once you have your list, it makes sense to match essential expenses with guaranteed income – money that you can't outlive – like Social Security, pensions, and lifetime annuities (which let you convert savings into guaranteed income). Then use your other savings and income for discretionary expenses.

One practical test to see whether you are financially ready for retirement is to try living off your retirement budget before you retire. If it's too tight, you still have time to make adjustments. For instance, you can work longer, use home equity, or find part-time work.



What are the steps to enroll online using Fidelity NetBenefits®?

What you should know

The Online Enrollment Service allows plan participants to enroll in the Employer's Plan via Fidelity NetBeneftis® or through a Fidelity Customer Service Representative available through the Voice Response System ("VRS:). When enrolling, participants will have the ability to select the way future contributions are to be invested and set their initial deferral rates. Participants, after they are enrolled, may also use Automated Channels to request a change in the deferral rate or make other requests or inquiries regarding their retirement account, subject to the Plan's requirements.

Steps to Enroll	Description
1. Visit Fidelity NetBenefits®	Go to www.netbenefits.com and click on "Access My Benefits"
2. <u>Set up a personal identification</u> <u>number (PIN) for security purposes</u>	Click on the New User Registration link and follow the directions provided, using your Social Security number or Customer ID to log in.
3. <u>Choose to "Begin Enrolling" or</u> <u>"Learn More" on the welcome page</u>	Click on "Begin Enrolling" and verify your current mailing address. Select the type of enrollment confirmation you would like to receive. Choose "Continue" to confirm the election. If you click on "Learn More", you'll be able to access more detailed information about 401(k) plans, contribution limits, etc.
4. Enter the percentage to have deducted from your pay	Click on "Calculate Deduction" to determine the effect of different deduction percentages on your pay. Click "Submit Deduction".
5. <u>Choose investment options</u>	View performance information for each investment option by clicking on the investment name. Please note that before investing employees should view a mutual fund prospectus online – or request a hard copy – for each mutual fund in which they want to invest through the plan.
6. Select Mail Preference	Choose "I Consent" for online delivery or "I Do Not Consent" for U.S. Mail delivery. You will be presented with a confirmation of your election. Choose "Continue" to review the Enrollment Confirmation.
7. Submit enrollment information	Receive an immediate online confirmation (Remember employees should also complete the Designated Beneficiary Form, and sign and return it to their benefits department).

How do participants get their account statements?

What to do

Participant statements are available online via Fidelity NetBenefits®. Participants can view and print their statements by completing the following steps:

- 1. Access the NetBenefits® website at www.netbenefits.com
- 2. Enter their User ID Number and Personal Identification Number (PIN)
- 3. Click on the Plan Name to access their specific plan information
- 4. Click on the Online Statement link from the left hand side of the page
- 5. Click the radio button and select the date or date range of the Statement
- 6. Click the Retrieve Statement button at the bottom of the page
- 7. To print the statement, click anywhere on the screen and then click the Print button from your web browser.

Participants may request statements for the following periods:		
Monthly	Months (i.e. February 2013, January 2012) within the time period for which statement history can be retrieved.	
Quarterly	Calendar quarters (i.e. 1st Quarter 2013, 4th Quarter 2012) within the time period for which statement history can be retrieved.	
Specific Date	Allows a participant to enter a single date given that the date entered is within the time period for which statement history can be retrieved. the statement produced will reflect the prior business day for the date entered. For example, entering the current date will produce a statement that reflects the previous night's closing balance.	
Custom Date Range	Allows a participant to enter a "from date" and a "to date" within the time period for which statement history is available online.	
Year to Date	Allows a participant to access statement history from the first business day of the calendar year to the current date the request is entered.	



connectZ NE



TECHNOLOGY

Security Now: The Importance of User Awareness

here's no question that our personal property, and our privacy, are precious to us. If we pull all the stops to guard these aspects of our lives, our digital life should have the same degree of security and protection, especially when we spend a lot of time online. Because of the open nature of the Internet, users are likely to encounter online security risks every day. While the Internet has empowered significant advances in social, technological, and economic advancement, it has also become a place where people and things inevitably face various online threats, such as social engineering lures, mobile threats, identity theft, cyberbullying and exploitation, malware, and rogue security software.

Our idea of "secure" should reflect the reality that there will always be threats and vulnerabilities, and the first step to ensuring online safety is to be aware about the different kinds of threats and the ever-changing threat landscape. Users should also know how to implement proper best practices to prevent becoming a victim of online threats. While times are changing, your online safety should be top priority, and it's important to develop a good security mindset and user awareness.



Here's how you can protect yourself:

• Don't overshare on social media.

• Use better and more complex passwords.

• Use a secure network.

Update your

browser and operating system. • Use security

software.

• Secure your mobile devices.

BASIC INTERNET SAFETY

Internet Security

As the rest of the world catches up with technology and the IOT (Internet of Things) expands, computer malware also gets stronger and more aggressive, and so does the need for an always on Internet Security solution.

Phishing, email borne attacks, out of date antivirus, and anti-malware software just aren't enough to keep your business' computer network safe any longer.

Internet Security is not a product, it is a mindset and a series of continuous and deliberate and well thought out actions – Rich Delaney

Just like the layers of a police officer's bullet proof vest, which has multiple layers of Kevlar to help stop a bullet from penetrating his body, we have to weave multiple layers into our approach on IT security for your business or organization.



You can get viruses by opening bogus email messages, downloading unknown file attachments, and accidentally clicking ads that pop up on your screen, and just like the human body, a computer system can also be attacked by many viruses that can infect and disrupt computer operations. What's worse is it doesn't just disrupt the operations of your computer, but these viruses and other malware can gather sensitive information or even gain access to other private and secured computer systems on the same network. Although computer viruses aren't deadly, they can spread at an unimaginable rate across your entire computer system, affecting your databases, spreadsheets, Word Documents, QuickBooks, files, and other critical business information systems. This is why there is a need for this effective multi-layered security approach.



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"A positive attitude causes a chain reaction of positive thoughts, events, and outcomes. It is a catalyst and it sparks extraordinary results."

- Wade Boggs

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